



PALMER DRUG ABUSE PROGRAM

Honesty...

...Is the freedom from self-deception

...Willingness to admit wrong

...Fairness in our dealings with others

Dishonesty comes in lots of forms...

Lying

Stealing

Manipulation

Blaming

Omission (not telling what we should or leaving out parts of the truth)

Using people

Sneaking

Close Mindedness

What else can you think of ? _____

1. In What Ways Am I Still Dishonest?
2. Who have I blamed for my behavior or problems?
3. What behaviors did I use to cope in the past? How?
4. What feelings have control over my actions? Why?
5. Do I believe in hope for recovery?
6. What areas of my life would I like to see improved?
7. Do I really want to change things?
8. How do I justify my resistance to the 12 steps?